

People On The Move



Summer Edition 2006



Loonie Toonie Walk Friday September 22, 2006

We invite you to bring a friend and walk to promote low cost physical activity that is fun and accessible to everyone.

The walk and BBQ is \$3.00 per person and all proceeds raised will be donated to the Heart and Stroke Foundation of Manitoba.

This is an opportunity for our participants and the community to socialize outside the office and promote healthy choices for people who are unemployed.

The Winnipeg Transition Centre is....

Committed to empowering individuals in the development and implementation of effective job search, self-marketing and career development techniques.

Walking is an economical, inspirational and healthy form of exercise that promotes a balanced mind, body and spirit philosophy.

Walk + Barbeque = FUN

Contact the WTC at 338-3899 to register!



Real stories from people who have been there, done that and bought the T-shirt

To the Staff at Winnipeg Transitions
Thank you. Two small words. They don't seem to express my gratitude for all your help and guidance.

When I first came here I was unemployed for a year. I had been sending out a dozen resumes a week and was having no success. I had only been on two interviews. I was discouraged, depressed and feeling worthless.

First-my resume. It was so well put together and so attractive and easy to read that it stood out among all the others.

Second-my interview. I was enthusiastic and confident. I was prepared for their questions and therefore relaxed and comfortable.

Third-my network. I called some of my network and found out that one of them knew someone in the business and they put in a good word for me.

Last but definitely not least-my Thank you note. I had never thought of sending a note to thank a prospective employer for an interview, but this is what cinched it for me. The employer knew I was very interested and enthusiastic about joining their company when I followed up with the thank you.

I am so grateful for the help I received from these wonderful people. This is their job but they go beyond. They help, they listen, they encourage. They always accentuate the positive and ignore the negative.

I will carry the lessons with me for the rest of my life. I will always remember this staff and will keep in touch.

The staff at Winnipeg Transitions have become and will remain people I consider my friends.



Jody Kaulfuss, Mailroom Clerk
Kraus McMahon



People On The Move



Thinking Outside the Box Strategies

Looking at the BIG Picture!

If a carpenter looks at an opening between two walls and thinks "door," that is what will be designed. But what if they think "window?" The endless possibilities are right in front of you.

*"What does the space represent to you?
How many possibilities can you come up with?"*

Did you know that 85% of available positions are never advertised?

Find out how you can tap into the hidden job market.

Call the Winnipeg Transition Centre to register for the next orientation. Phone: 338-3899

Interview Tip of the Month

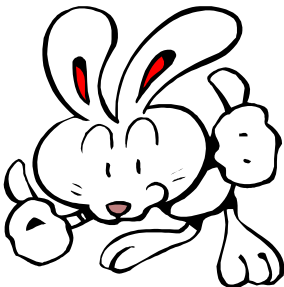
The first impression I want to convey to an employer is.....

When meeting someone, first impressions are formed within the first few seconds. Employers are no different.

By paying attention to how you look, how you speak and what you say, you can make the most of every opportunity to let the employer receive a favorable impression.

Most importantly, be mentally ready to enjoy the encounter and consider each interview a challenge and a learning experience.

How you look and act can be as important as what you say during an interview.



"Bunnifucious says " If you **DO** what you have always **DONE**, then you will always **GET** what you have always **GOTTEN!**"

Stay tuned for more ear to the ground wisdom from **Bunnifucious** in the next edition of **People On The Move**

Be a part of **People On The Move**. For more information call Judy at 338-3899

